

MEN'S RUGBY



**Pacific Pride vs.
Quebec University Selects**

**April 20, 2005
Concordia Stadium**

Quebec University Rugby Honour Roll

Quebec university rugby players have a long tradition of striving for athletic excellence. Many athletes have gone on to compete and train at higher levels. Below is a list of some of the more prominent Quebec university students who participated in national rugby programs.

Nick Clapison	Bishop's	Canadian Senior Men's Team
Shane Thompson	Bishop's	Canadian 7s and Senior Men's Team
Matt Phinney	Bishop's	The Pacific Pride
Jon Chatterson	Concordia	CCSD
Dave Cervantes	Concordia	The Academy
Jon Chiniborch	Concordia	The Academy
Jared Walker	Concordia	The Academy
Scott Gill	Concordia	The Pacific Pride
Steve Romanchuck	McGill	Under-19 World Cup Team
Marc Ihnatowycz	McGill	Under-19 World Cup Team

**The Quebec University
Selects appreciate
the support of:**

**Smoke Meat
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Quebec Selects

Pacific Pride

Position	Name	University
Loose Head Prop	Brandon Ionata	Concordia
Hooker	Simon Taillefer	McGill
Tight Head Prop	Matt Taylor	Bishop's
2nd Row	Sean Outerbridge	McGill
2nd Row	Adrian Myers	McGill
Flanker	John Antonecchia	McGill
Flanker	David MacLeod	Concordia
8-Man	Nicolas Gauthier	Bishop's
Scrum Half	Tim McEwen	Concordia
Fly Half	Matt de Graff	McGill
Winger	Nicolas Cadrin	McGill
Inside Centre	Courtney Bishop	Concordia
Outside Centre	John Reid	McGill
Winger	Eric Sanderson	Bishop's
Fullback	Etienne Bouchard	Concordia

Forward Substitutes

Caleb Balloch	McGill
Adam Barrett	Bishop's
Shea McEachrane-Johnson	Bishop's
Chris Parkinson	Concordia
Rob Scruton	Bishop's
Guillaume Tremblay	Bishop's

Back Substitutes

Marshall Eidinger	McGill
Matt Gagnon	Bishop's
Joel MacDonald	Concordia
Jason White	Concordia

Head Coach: Sean McCaffrey	McGill
Assistant Coach: Graeme McGravie	Concordia
Assistant Coach: Charles Goode	Bishop's
Manager: Clive Gibson	Concordia

Position	Name	Home Club
Loose Head Prop	Travis Robertson	Gophers RFC, Sask.
Hooker	Reid Kirkham	Burnaby Lake RFC, BC
Tight Head Prop	Jamie Schiefer	Balmby Beach, Ont.
2nd Row	Barry Ward	ICRC, Ont.
2nd Row	Nathan Mantle	Brit-Lions, BC
Flanker	Matt Phinney	Bishop's, QSSF
Flanker	Neil Meechan	Burnaby Lake RFC, BC
8-Man	Nolan Miles	James Bay AA, BC
Scrum Half	Spencer Dalziel	Meralomas, BC
Fly Half	Tony LaCarte	Castaway-Wanderers, BC
Winger	Matt Weingart	Castaway-Wanderers, BC
Inside Centre	Rob Bowman	Capilano RFC, BC
Outside Centre	Kyle Haley	Nanaimo Hornets, BC
Winger	Kris Witkowski	Vole Harbour, NS
Fullback	Scott Gill	Concordia, QSSF

Forward Substitutes

Matt Barr	Winnipeg Saracens, Man.
Dan Cudmore	Capilano RFC, BC
Casey Dunning	Calgary Irish, Alta.
Mike Georgas	Meralomas, BC
Tim Matthews	ICRC, Ont.
Stan McKeen	UBCOB, BC
Sean-Michael Stephen	Oakville Crusaders, Ont.
Dion Varvarikos	Concordia, QSSF
Rogan Verboven	Calgary Irish, Alta.

Back Substitutes

Charles Baumberg	UBCOB, BC
Simon Dunne	ICRC, Ont.
Justin Mensah-Coker	Meralomas, BC
Brock Nicholson	Vancouver Rowing Club, BC
Jake Osborne	Castaway-Wanderers, BC
Rob Turk	Winnipeg Wanderers RFC, Man.

Head Coach: John MacMillan
Team Manager: Jim Hubbard
Tour Manager: Robin Dyke

Referee: Gerry Clayton, Ontario Rugby Referee's Society
Touch Judge: Jamie Seguin, Quebec Society of Rugby Referees
Touch Judge: Bryan Arciero, Quebec Society of Rugby Referees

Athletic Therapists: Nancy Henderson and Christina Grace

Rugby 101 - The Basics

The aim of rugby, like American football, is to successfully get the ball over the goal line (called a try line in rugby) into the end zone (called the in-goal in rugby). Once you get there you have to successfully get the ball to ground under control in order to actually score a try. Doing so gets the attacking team 5 points and an attempt to convert for an additional 2 points.

One major difference between the two sports is that all passes in rugby must be made laterally or backwards. To successfully move the ball forward, without passing forward, requires that your support players be all behind you.

The ball is moved as quickly as possible by the team in possession to areas of the field where there is the greatest amount of space through which they can penetrate and move the ball forward. At times, the team in possession will concede that the defensive cover is such that there is little or no space available. At this time they may choose to kick the ball into space behind the defensive line in the hopes of recovering possession - either by chasing the ball down and getting to it before the defence can arrive, or by arriving in sufficient numbers to put pressure on the opposition and make them turn over the ball.

The other option when no lateral space is available is to seek contact with the opposition thereby creating a maul (when the ball remains in the arms of the attacker in contact who is on his feet) or a ruck (when the ball goes to ground in the tackle). At this time players from both teams regroup around the ball in an attempt to maintain or steal possession. This act, particularly when done repeatedly, will result in a number of players being grouped together in a small space and is often used as a tactic to create space into which a team can attack with ball in hand.

Minor infringements of the rules are penalized with a scrum awarded to the team that did not commit the error. At this time eight players (the forwards) from each team come together and push against each other as a unit and the ball is introduced into the tunnel between them. One team wins possession and play continues as described above.

Major infringements are penalized with penalty kicks. These may be run, kicked up field for better field position or kicked at goal (between the uprights). Successfully kicking at goal gains the team 3 points on the scoreboard.

When the ball goes out of bounds it results in a line-out, where the forwards from both teams line up opposite each other and one player throws the ball into the tunnel between the two teams. Each team attempts to gain possession so that they can once more attempt to move down field and score.

Let the game begin - and may the fitter, faster, stronger leave the field victorious.